




**Mission Montessori
Lunch Menu
November 2017**

		1 Wednesday Beef, Bean, & Cheese Burrito Seasoned Steamed Broccoli Pineapple *Animal Crackers & Raisins	2 Thursday Mini Sub Sammies Vanilla Yogurt w/ Dye Free Sprinkles Mixed Berries *Watermelon & Pretzels	3 Friday Orange Chicken w/Basmati Rice Edamame Seedless Red grapes *Skinny Popcorn & Seasonal Fruit
6 Monday Baked Salmon Basmati Rice Sautéed Green Beans *Orange Slices & Cheese	7 Tuesday Pasta w/Butter and Parmesan Seasoned Green Peas Seedless Grapes *Apples & Sunbutter	8 Wednesday Roast Beef & Provolone Sandwich (1/2) Cucumber Moons w/ Ranch Orange Slices *Carrots & Nut-Free Humus	9 Thursday Chicken Salad Wraps Sliced Pears Oven Roasted Carrots *Crackers & Rolled Ham	10 Friday Veterans Day School Closed
13 Monday Chicken Nuggets Seasoned Green Peas Apple Sauce *Orange Slices & Animal Crackers	14 Tuesday Annie's Aged Cheddar Mac' n Cheese Oven Roasted Carrots Seedless Red Grapes *Pretzels & Salami	15 Wednesday Sunbutter & Jelly Triangles French Green Beans w/Hummus Apple Slices *Banana & Graham Crackers	16 Thursday Hawaiian Meatballs w/Rice Broccoli & Ranch Sliced Oranges * Apples & String Cheese	17 Friday Ham & Cheese Croissants Mixed Bell Peppers Seasonal Fruit *Graham Crackers & Fruit
20 Monday Healthy Baked Fish Sticks Sautéed Green Beans Mixed Berries *Fig Cereal Bar	21 Tuesday Veggie Burgers (1/2) Pickles Sliced Oranges *Seasonal Fruit and Cheese	22 Wednesday Turkey & Provolone on Bread Roll Mashed Sweet Potatoes Sliced Pears *SCHOOL CLOSSES AT 3PM	Thanksgiving Holiday School Closed 	
27 Monday Cheese Pizza Cucumbers Slices w/Ranch Raspberries & Blueberries *Carrots & Nut-Free Humus	28 Tuesday Grilled Cheese Sandwich Vanilla Yogurt w/ Dye Free Sprinkles Apple Slices *Banana (1/2) & Graham Crackers	29 Wednesday Carrot Soup Cornbread Seedless Red Grapes *Cheese Slices & Pretzels	30 Thursday Teriyaki Tofu w/ Rice Roasted Carrots Seasonal Fresh Fruit *Seedless Grapes & Chex Mix	

☺ - Hot lunch is served with organic 1% milk. We use all-natural products and organic ingredients when possible!
*Menu item is afternoon snack for the day. Afternoon snack is served at 3:30 and is served with filtered water.