

MISSION MONTESSORI
LUNCH MENU
MAY 2018



Monday	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
	Cheese Quesadilla Refried Beans Apple Sauce *Craisins & Goldfish Crackers	Healthy Baked Fish Sticks Buttered Corn Sliced Oranges *Apples & Sliced Cheese	Chicken Nuggets w/ BBQ sauce Baked Potato Wedges Mixed Berries *Banana (1/2)	Sliced Chicken Sausage Over Steamed Rice Carrots Fresh Fruit Happy Anniversary MM!! *Vanilla Yogurt w/ sprinkles
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
Cheese Pizza Sliced Bell Peppers w/ Ranch Apple Sauce *String Cheese & Blueberries	Breakfast for Lunch Oatmeal w/ Brown Sugar Sliced Chicken Sausage Sliced Banana (1/2) * Multi Grain Cheerios & Cheese	Baked Seasoned Tilapia Over steamed white rice Butternut Squash Mixed Berries *Fig Cereal Bars	Ham & Cheese Croissant Sandwich Sliced Cucumbers w/ Ranch Sliced Banana (1/2) *Goldfish Crackers & Banana	Annie's Cheddar Mac N Cheese Green Peas Fresh Fruit *Baked Crackers & Hummus
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
Salmon Burger (1/2) Steamed Broccoli Tangerine "cuties" *Crackers & String Cheese	"Twirly" Pasta w/ Butter & Parmesan Cheese Sweet White Corn Mixed Berries *Pretzel Crisps & Hummus	Sliced Chicken Sausage Over Steamed Brown Rice Green Beans Apple Sauce *Skinny Pop Popcorn	Sunbutter & Jelly Sandwich Cucumber w/ hummus Sliced Banana (1/2) *Fig Cereal Bars	Meat and Cheese Lasagna Sweet White Corn Vanilla Yogurt w/ Sprinkles *Graham Crackers & fruit
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
Chicken Nuggets Steamed Seasoned Carrots Sliced Apples *Craisins & Pretzel Crisps	Baked Salmon Over Steamed Rice Green Beans Tangerine "Cuties" *Graham Crackers	Grilled Cheese Triangles Carrot Soup Mixed Berries *Cheerios & Blueberries	Sneaky Spaghetti Dinner Roll Apple Sauce *Banana (1/2) & Chex Mix	Bento Box Friday! Tuna, Crackers & Cheddar Slices Sliced Cucumbers w/ Dip Banana (1/2) *Fig Cereal Bars
28 Monday	29 Tuesday	30 Wednesday	31 Thursday	
Memorial Day  School Closed	Healthy Baked Fish Sticks Sweet White Corn Sliced Oranges *Vanilla yogurt & sprinkles	Bean & Cheese Burrito Steamed Carrots Apple Sauce *Graham Crackers & Cuties	Annie's White Cheddar Mac N Cheese Green Peas Sliced Oranges *Crackers & Apples	

☺ Hot lunch is served with organic milk. We use all natural products and organic ingredients when possible!

*Menu item is afternoon snack for the day. Afternoon snack is served at 3:45 and is served with filtered water.