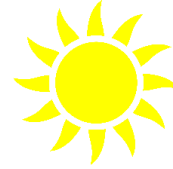


Mission Montessori
Lunch Menu
June 2017



			1 Thursday Cheese Quesadillas Refried Beans Mandarin Oranges *Watermelon Slices	2 Friday Chicken Caesar Salad Sandwich Mixed Veggies Apple Sauce *Veggie Straws
5 Monday Healthy Baked Fish Sticks Mix Veggies Orange Slices *Animal Crackers	6 Tuesday BBQ Chicken Sandwich (1/2) Sweet Potato Fries Watermelon *Banana (1/2)	7 Wednesday Beef, Bean, & Cheese Burritos Green Pees Apple Sauce *Crackers & Raisins	8 Thursday Ham & Cheese Croissant Veggie Straws Pineapple *Fig Cereal Bar	9 Friday Sneaky Spaghetti Cucumbers & Ranch Banana (1/2) *Goldfish Crackers
12 Monday Chicken Nuggets Mixed Veggies Pineapple *Crackers & Raisins	13 Tuesday Grilled Cheese Triangles Pickles Berries *Banana (1/2)	14 Wednesday Hawaiian Meatballs w/Rice Steamed Green Beans Banana (1/2) *Carrots, Crackers & Nut-Free Humus	15 Thursday Tuna, Crackers, & Cheddar Slices Peas Apple Slices *Mandarin Oranges	16 Friday Taquitos & Guacamole Refried Beans Mango Slices *Pretzels
19 Monday Salmon Burger on a Bun (1/2) Steamed Green Beans Apple Slices *Watermelon Slices	20 Tuesday Black Bean & Cheese Quesadilla Mixed Veggies Apple Sauce *Chex Mix	21 Wednesday Meat & Cheese Lasagna Dinner Roll Fresh Seasonal Fruit *Mandarin Oranges	22 Thursday Turkey, Provolone & Spinach Wrap Steamed Carrots Pineapple *Pretzels & Raisins	23 Friday Seasoned Baked Tilapia Over Rice Green Beans Berries *Cheddar Cheese & Crackers
26 Monday Cheese Pizza Cucumber Slices w/Ranch Apple Sauce *Mandarin Oranges	27 Tuesday Tuna Salad Sandwich (1/2) Pickles Orange Slices *Apples & Sunbutter	28 Wednesday Turkey, Cheddar & Crackers Steamed Broccoli Berries *Fig Cereal Bar	29 Thursday Sunbutter & Jelly Triangles Mixed Veggies Watermelon Slices *Fruit & Skinny Popcorn	30 Friday Pasta w/Butter & Parmesan Green Peas Banana (1/2) *Crackers & Raisins

☺ Hot lunch is served with organic 1% milk. We use all natural products and organic ingredients when possible!

Mission Montessori

Lunch Menu

June 2017

***Menu item is afternoon snack for the day. Afternoon snack is served at 3:45 and is served with all natural fruit juice or filtered water.**