



Mission Montessori
Lunch Menu
July 2017



3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday
 SCHOOL CLOSED	INDEPENDENCE DAY SCHOOL CLOSED	Sunbutter & Jelly Triangles Mixed Veggies Berries *Graham Crackers	Sneaky Spaghetti Dinner Roll Pineapple *Chex Mix	Turkey, Provolone & Spinach Wrap Veggie Sticks Orange Slices *Veggie Straws
10 Monday	11 Tuesday	12 Wednesday	13 Thursday	14 Friday
Healthy Baked Fish Sticks Mixed Veggies Orange Slices *Banana (1/2)	Hawaiian Meatballs w/Rice Green Beans Banana (1/2) *Carrots, Crackers & Nut-Free Hummus	Beef, Bean, & Cheese Burritos Steamed Corn Apple Sauce *Crackers & Raisins	Tuna, Crackers, & Cheddar Slices Peas Apple Slices *Mandarin Oranges	Pasta w/Butter & Parmesan Cucumbers & Ranch Berries *Goldfish Crackers
17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday
Chicken Nuggets Steamed Broccoli Pineapple *Graham Crackers	Turkey, Cheddar & Crackers Mixed Veggies Apple Sauce *Banana (1/2)	Tuna Salad Sandwich (1/2) Pickles Orange Slices *Apples & Sunbutter	Breakfast for Lunch Oatmeal w/Brown Sugar Chicken Apple Sausage Banana (1/2) *Animal Crackers	Taquitos & Guacamole Refried Beans Berries *Pretzels
24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday
Salmon Burger on a Bun (1/2) Steamed Green Beans Apple Slices *Watermelon Slices	Sunbutter & Jelly Triangles Cucumber Slices w/Ranch Pineapple *Banana (1/2)	Black Bean & Cheese Quesadilla Mixed Veggies Apple Sauce *Mandarin Oranges	Meat & Cheese Lasagna Green Peas Banana (1/2) *Crackers & Raisins	BBQ Chicken Sandwich (1/2) Sweet Potato Fries Watermelon *Animal Crackers
31 Monday				
Cheese Pizza Cucumber Slices w/Ranch Apple Sauce *Mandarin Oranges				

☺ Hot lunch is served with organic 1% milk. We use all natural products and organic ingredients when possible!

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***Menu item is afternoon snack for the day. Afternoon snack is served at 3:45 and is served with all natural fruit juice or filtered water.**