



**Mission Montessori
Lunch Menu
December 2017**

				1 Friday Meatballs & Mashed Potatoes Green Peas Apple Slices *Fruit & Animal Crackers
4 Monday Baked Salmon Over Rice Sautéed Green Beans Mixed Berries *Apple Slices & Cheese	5 Tuesday Breakfast for Lunch Oatmeal w/ Brown Sugar Chicken Sausage Banana (1/2) *Orange Slices & Chex Mix	6 Wednesday Meat & Cheese Lasagna Green Peas Orange Slices *Carrots & Nut-Free Humus	7 Thursday Black Bean & Cheese Quesadilla Seasoned Broccoli Apple Ssauce *Banana (1/2) Graham Crackers	8 Friday Orange Chicken w/Basmati Rice Edamame Banana (1/2) *Skinny Popcorn & Seasonal Fruit
11 Monday Chicken Nuggets Seasoned Broccoli Apple Slices *Orange Slices & Animal Crackers	12 Tuesday Annie's Mac' n Cheese Oven Roasted Carrots Blueberries & Raspberries *Pretzels & Salami	13 Wednesday Hawaiian Meatballs w/Rice Seasoned Green Peas Banana (1/2) * Apples & String Cheese	14 Thursday Sneaky Spaghetti Dinner Roll Orange Slices *Banana & Chex Mix	15 Friday Ham & Cheese Croissants Mixed Bell Peppers w/Dip Apple Sauce *Graham Crackers & Fruit
18 Monday Healthy Baked Fish Sticks Sautéed Green Beans Mixed Berries * Apples & Sunbutter	19 Tuesday Shredded Chicken & Cheese Tacos Pinto Beans Sliced Oranges *Cheese & Crackers	20 Wednesday Turkey & Provolone on Bread Roll Mashed Sweet Potatoes Apple Slices * Fig Cereal Bar	21 Thursday Pasta w/Butter and Parmesan Seasoned Green Peas Seedless Grapes *Orange Slices & Pretzels	22 Friday Grilled Cheese Dippers w/Carrot Soup Banana (1/2) *Crackers & Rolled Ham
25 Monday	26 Tuesday	27 Wednesday	28 Thursday	29 Friday
Christmas Holiday- School Closed				

☺- Hot lunch is served with organic 1% milk. We use all-natural products and organic ingredients when possible!
*Menu item is afternoon snack for the day. Afternoon snack is served at 3:30 and is served with filtered water.