



MISSION MONTESSORI LUNCH MENU NOVEMBER 2018



Monday	Tuesday	Wednesday	1 Thursday	2 Friday
			Baked Tilapia over Rice Sautéed String Beans Apple Sauce *Graham Crackers & Banana	Breakfast for Lunch! Oatmeal w/ Brown Sugar Chicken Apple Sausage Banana (1/2) *Apple Slices & SunButter
5 Monday	6 Tuesday	7 Wednesday	8 Thursday	9 Friday
Cheese Pizza Cucumbers & Ranch Tangerine “Cuties” *Fig Cereal Bars	Chicken Salad Croissant Veggie Straws Mixed Berries *Baked Crackers & Hummus	Orange Chicken w/ Rice Edamame Orange Slices *Vanilla Yogurt & Cheerios	Sneaky Spaghetti Dinner Roll Kiwi & Blueberries *Chex Mix & Tangerines	Healthy Baked Fish Sticks Mixed Vegetables Fresh Fruit Salad *Animal Crackers & Craisins
12 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday
 VETERANS DAY School Closed	Hawaiian Meatballs w/ Rice Steamed Broccoli Pineapple *Graham Crackers & Berries	Spinach & Cheese Ravioli Dinner Roll Kiwi & Blueberries *Apple Slices & SunButter	Beef Taquitos w/ Guacamole Refried Beans Orange Slices *Veggie Straws & String Cheese	Grilled Cheese Triangles Golden Corn Strawberries *Pirate’s Booty & Fresh Fruit
19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday
Meatballs w/ Marinara Dinner Roll Kiwi & Blueberries *Oranges & String Cheese	Annie’s Mac & Cheese Seasoned Carrots Mixed Berries *Vanilla Yogurt & Cheerios	Turkey & Cheddar Roll Sweet Potato Fries Apple Sauce *School Closes at 3pm*	   School Closed	 School Closed
26 Monday	27 Tuesday	28 Wednesday	29 Thursday	30 Friday
Chicken Breast Nuggets Sautéed Green Beans Tangerine “Cuties” *Baked Crackers & Cheddar	Bean & Cheese Burritos Mixed Bell Peppers Apple Slices *Fig Cereal Bars	Meat & Cheese Lasagna Steamed Broccoli Orange Slices *Graham Crackers & Berries	Kid Friendly Turkey Chili Cornbread Banana (1/2) *Apple Sauce & Chex Mix	Teriyaki Tofu over Rice Edamame Pineapple *Banana & Animal Crackers

© - Hot lunch is served with organic whole milk. We use all natural products and organic ingredients when possible!

*Menu item is afternoon snack for the day. Afternoon snack is served at 3:45pm
and is served with all natural fruit juice or filtered water.