



## MISSION MONTESSORI LUNCH MENU JULY 2019



1 Monday	2 Tuesday	3 Wednesday	4 Thursday	5 Friday
Healthy Baked Fish Sticks Sautéed Green Beans Grapes  *Graham Crackers & Applesauce	Penne Pasta w/ Butter and Parmesan Cheese Baked Seasoned Carrots Strawberries  *Baked Crackers & Cheddar	Banana & Sunbutter Wrap Edamame Sliced Pineapple  *Fig Cereal Bar	<b>School Closed!</b>   <b>Happy 4th of July!</b>	<b>School Closed!</b>
8 Monday	9 Tuesday	10 Wednesday	11 Thursday	12 Friday
White Cheddar Annie's Mac & Cheese Grape Tomatoes Strawberries  *Orange Slices & Pretzels	Hawaiian Meatballs & Rice Baked Seasoned Zucchini Cantaloupe Slices  *String Cheese & Cheerios	Bean & Cheese Burrito Fresh Sweet Peppers w/ Ranch Orange Slices  *Wheat Thins & Apple Slices	Rolled Ham, Cheddar Cheese Cucumbers w/ Ranch Cantaloupe Slices  *Apple Slices & String Cheese	<b>Breakfast for Lunch!</b> Oatmeal w/ Brown Sugar Chicken Apple Sausage Applesauce  *Fresh Fruit Smoothie & Animal Crackers
15 Monday	16 Tuesday	17 Wednesday	18 Thursday	19 Friday
Orange Chicken w/ Rice Cucumbers w/ Ranch Strawberries  *Applesauce & Graham Crackers	Sunbutter & Jelly Sandwiches Edamame Pineapple  *Cuties & Pretzels	Rotini Pasta w/ Ground Turkey & Marinara Dinner Roll Berries  *Cantaloupe Slices & String Cheese	Cheese Quesadilla Refried Beans Pineapple  *Fig Cereal Bar	Chicken Salad w/ Baked Crackers Snap Peas w/ Ranch Apple Slices  *Crackers & Cheddar Cheese
22 Monday	23 Tuesday	24 Wednesday	25 Thursday	26 Friday
Meatballs with Marinara Dinner Roll Orange Slices  *Watermelon Slices & Goldfish	Turkey Burger on a Bun Sweet Potato Fries Cantaloupe  *Apple Slices & Cheddar Cheese	Classic Annie's Mac & Cheese Fresh Sweet Peppers w/ Ranch Watermelon  *Veggie Straws & Orange Slices	Rolled Turkey, Cheddar Slices, Pickles & Baked Crackers Banana 1/2  *String Cheese & Orange Slices	Chicken Apple Sausage w/ Rice Snap Peas w/ Ranch Fresh Berries  *Animal Crackers & Fresh Fruit Smoothie
29 Monday	30 Tuesday	31 Wednesday		
Chicken Nuggets w/ BBQ dipping sauce Cucumbers w/ Ranch Sliced Apples  *Pineapple & Pretzels	Sneaky Spaghetti w/ Zucchini Dinner Roll Tangerine Cuties  *Apple Slices & SunButter	Baked Tilapia over Rice Golden Corn Applesauce  *Animal Crackers & Craisins		

© - Hot lunch is served with organic 1% milk. We use all natural products and organic ingredients when possible!

\*Menu item is afternoon snack for the day. Afternoon snack is served at 3:30 and is served with all natural fruit juice or filtered water.