## MISSION MONTESSORI LUNCH MENU JANUARY 2019



Monday	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
	Christ	mas Break - School	Closed	***************************************
			Optional Daycare 8am-5pm No Hot Lunch	Optional Daycare 8am-5pm No Hot Lunch
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
Cheese Pizza	Orange Chicken w/ Rice	Grilled Cheese Triangles	Sneaky Spaghetti	Breakfast for Lunch!
Cucumbers w/ Ranch	Steamed Broccoli	Golden Corn	Dinner Roll	Oatmeal w/ Brown Sugar
Fresh Berries	Watermelon	Strawberries	Apple Slices	Chicken Apple Sausage
				Banana (1/2)
*Fig Cereal Bars	*Orange Slices & String Cheese	*Baked Crackers & Hummus	*Graham Crackers & Craisins	*Fresh Fruit & Veggie Straws
14 Monday	15 Tuesday	16 Wednesday		18 Friday
Annie's Mac & Cheese	Chicken Breast Nuggets	Beef Taquitos w/ Guacamole	Kid-Friendly Turkey Chili	Meat & Cheese Lasagna
Mixed Vegetables	w/ BBQ Dipping Sauce	Refried Beans	Cornbread	Dinner Roll
Apple Sauce	Green Peas	Orange Slices	Banana (1/2)	Fresh Berries
	Apple Slices			
*Graham Crackers & Berrie	s *Fig Cereal Bars	*Watermelon & Goldfish Crackers	*Baked Crackers & Cheddar	*Oranges & String Cheese
21 Monday	2	23 Wednesday		25 Friday
Martin Luther King Jr. Day	· ·	Pasta w/ Butter & Parmesan	Turkey Burger on a Bun	Cheese Quesadillas
	Rice w/ Edamame	Baked Seasoned Carrots	Sweet Potato Fries	Black Beans
	Pineapple	Strawberries	Watermelon	Banana (1/2)
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School Closed	*Apple Slices & SunButter	*Cheerios & Vanilla Yogurt	*Berries & Graham Crackers	*Fresh Fruit & Goldfish Crackers
28 Monday		30 Wednesday	31 Thursday	Friday
Spinach & Cheese Ravioli	Healthy Baked Fish Sticks	Chicken Sausage w/ Rice	Bean & Cheese Burritos	
Dinner Roll	Sautéed Green Beans	Steamed Broccoli	Bell Peppers w/ Ranch	
Tangerine Cuties	Orange Slices	Banana (1/2)	Strawberries	
*Baked Crackers & Guacamo	le *Fig Cereal Bars	*Blueberries & Animal Crackers	*Banana (1/2) & Cheerios	

©- Hot lunch is served with organic whole milk. We use all-natural products and organic ingredients when possible!

\*Menu item is afternoon snack for the day. Afternoon snack is served at 3:45pm
and is served with all-natural fruit juice or filtered water.